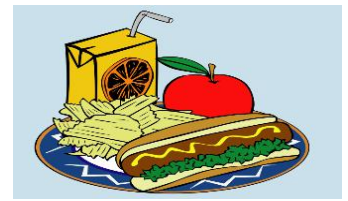




**SEPTEMBER 2023
BREAKFAST MENU
SALEM COUNTY
VO-TECH**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 HAPPY LABOR DAY!! NO SCHOOL	5 NO SCHOOL IN SERVICE DAY	6 CEREAL MUFFINS CEREAL BAR FRUIT	7 CEREAL MUFFINS CEREAL BAR FRUIT	8 CEREAL MUFFINS CEREAL BAR FRUIT
11 CEREAL MUFFINS CEREAL BAR FRUIT	12 MINI FRENCH TOAST + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT	13 STRAWBERRY BAGELFUL CEREAL MUFFINS CEREAL BAR FRUIT	14 MINI PANCAKES + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT	15 CINNAMON BUN CEREAL MUFFINS CEREAL BAR FRUIT
18 CEREAL MUFFINS CEREAL BAR FRUIT	19 MINI WAFFLES + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT	20 FRUIT FRUDEL CEREAL MUFFINS CEREAL BAR FRUIT	21 BREAKFAST SANDWICH CEREAL MUFFINS CEREAL BAR FRUIT	22 FRENCH TOAST + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT
25 CEREAL MUFFINS CEREAL BAR FRUIT	26 MINI PANCAKES + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT	27 CINNAMON BAGELFUL CEREAL MUFFINS CEREAL BAR FRUIT	28 SCRAMBLED EGGS + SAUSAGE CEREAL MUFFINS CEREAL BAR FRUIT	29 FRUIT FRUDEL CEREAL MUFFINS CEREAL BAR FRUIT

**ALTERNATIVE MAIN ENTREES: CHOOSE ONE IN PLACE OF THE MAIN ENTRÉE:
COLD SALAD PLATTER OR PB + J SANDWICH**

**DON'T FORGET YOUR FRUIT + VEGGIES!!
CHOICE OF FRESH OR CHILLED FRUIT**

**WE OFFER 1% WHITE OR
FAT FREE CHOCOLATE**

LUNCH INCLUDES: 1-2 FRUIT, 1-2 VEGETABLE, MILK, PROTEIN, + GRAIN



MENU SUBJECT TO CHANGE

